

A Trip in Time

Look in the mirror. What do you see? Maybe you have your grandmother's eyes or your father's smile. We share some of our looks and much more with our family members. From one generation¹ to the next, families pass down physical traits, favorite foods, traditions, and stories.

Your family's past is made up of many stories. For example, who were your mother's grandmothers? Where did they live, and what were they like? Your family's history may be a mystery to you. However, there are ways to learn about it. The study of family history is called *genealogy*. It starts with your parents and grandparents, and it can take you back in time.